# The Madrid International Plan of Action on Ageing

## **Relevance to Dominica**

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# **Demographic Data**

- Population 71,727
- 12.3% age >60 years (2000)
  - 87.3% increase over 1960 census figures



# **Why Rapid Transistion?**

- Migration
  - Caribbean islands, North America, Europe
  - Decline in economy
  - Returning immigrants
- Declining fertility rates
  - Fertility rate approx. 2 per woman
- Increasing life expectancy
  - Men 71.6 years, women 76.0 years (WHO, 2001)



## Elizabeth "Ma Pampo" Israel







# Challenges

### Expenditure

- 23.3% of government expenditure on drugs in 2002/2003 on diabetes and hypertension
- Utilization of facilities
  - Just over 50% of primary health care visits in 2000 were for diabetes and hypertension. Of these visits
    - 55% hypertension >60 years
    - 50% diabetic visits >60 years
  - Of visits by persons >60 years
    - 75% of diabetic visits women
    - 80% of hypertension visits women



# Challenges

- Lifestyle issues mortality >60 years
  - Heart disease
  - Cancer
  - Diabetes



Ma Darroux

Ma Darroux attributes her long life to healthy food; Lots of cane juice , honey, Arrowroot, fish, river crabs, Prawns and Crayfish. She is cared for by her children, who Speak of her with love and pride



## Response



- Persons aged 60 years and over are priority group in current Ministry of Health 5 year strategic plan
  - Active ageing
  - Free basic health care including medication
  - Free home care delivery to housebound persons and persons in home for the aged
  - Free specialist care in mental health and ophthalmology (community and hospital care)

## Response

- Caribbean Charter on Health and Aging
  - Forum on Health and Aging, May 1998
  - Charter approved, February 1999
- Caribbean Health and Ageing Minimum Dataset (CHAMDS) meeting in Jamaica, November 2000







## Response



- October 1999 National Policy on Ageing adopted by Dominica Cabinet
- CHAMDS used to develop draft Dominica Dataset on Ageing in June this year
- Participation in Panama Expert Meeting April, 2003 to review regional strategy for Implementation of the IPAAM

# **Regional Strategy**



- Note demographic projections the absolute numbers as well as the proportion of older persons will continue to increase in the Region especially after 2010
- Endorse the recommendations for Regional Priority Areas and strategies from the Panama Experts Meeting.

# **Regional Strategy**

- Work closely with NGO sector
  - National Council
  - International HelpAge International
- Dominica willing to continue to support regional efforts to develop strategies for implementation of IPAAM



# Thank You Muchas Gracias



Ministry of Health & Social Security, Commonwealth of Dominica